

# Advanced Prostate Formula

**Bottle Contains 90 Softgel Capsules**

**Three Softgel Capsules provide:**

Vitamin E (as d-alpha-tocopherol) . . . . .	100 IU
Vitamin B-6 (as pyridoxine) . . . . .	50 mg
Zinc (as l-monomethionine) . . . . .	50 mg
Saw Palmetto (fruit) (standardized Serenoa repens providing 95% free fatty acids) . . . . .	320 mg
Stinging Nettle (root) (standardized Urtica dioica providing 2% silica) . . . . .	100 mg
African Pygeum (bark) (standardized prunis africanum providing 13% phytosterols) . . . . .	50 mg
Glycine (pharm. grade amino acid) . . . . .	50 mg
Alanine (pharm. grade amino acid) . . . . .	50 mg
Glutamic Acid (pharm. grade amino acid) . . . . .	50 mg

In a natural, active base of pure borage seed oil (standardized 24% gamma linolenic acid).

**Recommended Usage:** As a dietary supplement, take three softgels daily or as recommended by your physician or health care professional.