

# Chewable Calcium/Magnesium

**Bottle Contains 90 Chewable Tablets**

**Two Chewable Tablets provide:**

Calories .....	10
Total Carbohydrate .....	2g
Sugars .....	2g
Calcium (as amino acid chelate) .....	250 mg
Magnesium (as amino acid chelate) .....	50 mg

**Recommended Usage:** As a dietary supplement, chew two tablets once daily or as recommended by your physician or health care professional.