

Children's Multi-Vitamins

Bottle Contains 90 Chewable Tablets

Two Chewable Tablets provide:

Vitamin A (as beta carotene)	2,500 I.U.
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (ergocalciferol)	200 I.U.
Vitamin E (d-alpha tocopheryl succinate)	30 I.U.
Vitamin B1 (as mononitrate)	1.5 mg
Vitamin B2 (as riboflavin)	1.7 mg
Niacinamide	20 mg
Vitamin B6 (pyridoxine hydrochloride)	2 mg
Folic Acid	10 mcg
Vitamin B12 (cyanocobalamin)	6 mcg
Biotin	10 mcg
Pantothenic acid (d-calcium pantothenate)	10 mg
Calcium (amino acid chelate, citrate)	50 mg
Iodine (potassium iodide)	75 mcg
Magnesium (amino acid chelate, citrate)	25 mg
Zinc (picolinate, gluconate)	5 mg
Selenium (selenomethionine)	1 mcg
Copper (amino acid chelate)	1 mcg
Manganese (amino acid chelate)	25 mcg
Chromium (chromium polynicotinate)	50 mcg
Potassium (amino acid complex)	1 mg

Other ingredients: maple crystals, organic wildflower honey, molasses, fruit sugar, whole food concentrates including apple, apricot, banana, black currant, camu-camu, cranberry, orange, papaya, peach, pineapple, red raspberry, red grape, strawberry, broccoli, garlic clove, onion bulb, parsley leaf, and spirulina; stearic acid, silica and natural flavors.

Recommended Usage: As a dietary supplement, two chewable tablets daily or as recommended by your physician or health care professional. Recommended for children 4 years and over.