

Flaxseed Oil

Organic Canadian Extract 58% Alpha Linolenic Acid

Bottle Contains 60 Softgels

One Softgel provides:

Flaxseed Oil
(linum usitatissimum) (standardized 58% alpha linolenic acid) 1300 mg
Fruit sugar, Beflora (soy & FOS complex), stearic acid.

Recommended Usage: As a dietary supplement, take one softgel daily or as recommended by your physician or health care professional.